



SPA & CLINIC BROCHURE

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Aesthetic Non-invasive Treatments

Our facial aesthetic treatments use state of the art, innovative technology designed to reduce the signs of ageing, lift, firm and tone for long lasting results.

Morpheus8

Adored by celebrities such as Kim Kardashian, Morpheus8 is a micro needling device that remodels and contours the body and face using radiofrequency energy to create smoother, sleeker skin. A wide range of areas can be treated – this treatment is ideal for areas of the body and face that have wrinkles, acne scarring, or discolouration.

The Technology:

Clinically proven fractional technology designed to remodel facial tissue. Unique patented design allows for the uniform distribution of radiofrequency energy through bipolar arrays of pin electrodes and results in localized heating and coagulation of the tissue that is in direct contact with the pins.

 Micro-Needling & Radiofrequency

 60 Minutes

Lumecca

A powerful and effective treatment that reduces and removes specific pigments in the skin, from redness and spider veins to discoloured patches. This highly popular anti-ageing treatment is a quick fix treatment with visible results after the first session!

The Technology:

Lumecca is a breakthrough intense pulsed light (IPL) that delivers up to 3X more energy in the 500-600 nm range to improve efficacy for vascular and pigmented lesions. It is optimized for clinicians to treat a variety of skin types and conditions with just a single session.

 Intense Pulsed Light (IPL)

 60 Minutes

Forma

A fast and gentle way to address the signs of ageing such as fine lines, wrinkles and loose skin. By harnessing the power of Radio frequency and thermal energy, the Forma produces amazing results without any invasive procedure necessary.

The Technology:

Radiofrequency (heat energy) stimulates collagen and elastin production to immediately plump, tighten and lift. The results are immediately visible: reduced puffiness, defined contours and restored skin firmness.

 Radiofrequency

 60 Minutes

Ultimate Lift & Rejuvenate Facial

Instantly refresh and lift dehydrated and tired skin. Hydra-diamond exfoliation removes dead cells and deeply cleanses the skin. Lactobionic acid and papaya act on blackheads and blocked pores to even out skin tone and reduce congestion. A cocktail of antioxidants and hyaluronic acid are then pumped into the skin using high concentration jets of oxygen to rehydrate the skin and smooth out fine lines and wrinkles. Rejuvenating radio frequency and non-surgical lifting microcurrents are passed over the skin to stimulate production of new, health cells, collagen fibres and toned muscles.

 Oxygen Microcurrent & Radio Frequency Hydra Diamond Dermabrasion

 120 Minutes

Lifting Power Facial

Our non-invasive lifting power facial is using advanced technology to deeply clean, sculpt and lift. A sonic deep cleanse followed by the most advanced face lift technology PureLift Pro+. Combined with the restorative powers of our specialised serums to visibly tone and tighten the skin.

 Purelift Pro-microcurrent

 45 Minutes

Radio Frequency Collagen Facial

Tone, contour and brighten the skin with our Vitamin C enriched exfoliation, radio frequency to effectively improve skin tone and texture. The skin is left feeling plump, firm and hydrated.

 Radio frequency

 45 Minutes



Just had one of the best facials in the universe.
TASMIN EDGERTON

Dermalux

Hailed as the 'perfect complexion boost', Dermalux instantly boosts the complexion to restore vitality and glow. Dermalux uses unique combinations of clinically proven Blue, Red and Near Infrared wavelengths to boost collagen production, boost hydration, calm redness and irritation and banish blemish causing bacteria.

RED - Anti ageing and skin rejuvenating aimed at reducing fine lines and wrinkles and improving skin texture. Application of the light boosts blood flow to the area being treated, improving skin health for a youthful and radiant glow.

BLUE - Targets blemish and acne prone skin. The blue light kills the acne causing bacteria, reducing the number of breakouts and reducing congestion, the size of pores and the chance of breakouts.

 LED Phototherapy

 20 Minutes

Rose Diamond Facial

The power of diamonds and cosmeceuticals to resurface and lift. Triple exfoliation (diamond dust, Enzyme Peel and Hydra Diamond exfoliation) is followed by an oxygen infused mask and lifting massage with our Rose Diamond range for intense hydration and rejuvenating.

 Hydra Diamond Dermabrasion

 70 Minutes

Oxygen Facial

A brightening and rejuvenating facial treatment using streams of oxygen to push a high-tech complex of antioxidants and hyaluronic acid deep into the skin. Reduces the appearance of fine lines and wrinkles, improves blood circulation and promotes collagen production for youthful looking skin.

 Oxygen

 60 Minutes

The Technology:

The oxygen mask helps with absorbing of products, supports improved bloody circulation, which helps to brighten and plumps the face.

Oxygen Hydra-Diamond Antioxidant Facial

A collagen boosting facial that starts with hydra-diamond and Vitamin C exfoliation prior to a specialised infusion of antioxidants and sodium hyaluronate pushed into the skin with oxygen jets. This powerful facial hydrates the skin, stimulates collagen and elastin production.

 Oxygen Diamond Dermabrasion

 90 Minutes

Body FX

A NEW, long-lasting, non-invasive solution to reduce cellulite as well as improving your body contour. A non-surgical fat reduction and destruction treatment which is a powerful alternative to liposuction.

 Radiofrequency Tissue heating, Vacuum

 60 Minutes

The Technology:

Radiofrequency (heat energy) stimulates collagen and elastin production to immediately plump, tighten and lift. The results are immediately visible: reduced puffiness, defined contours and restored skin firmness. Negative Pressure Massage applies gentle vacuum pressure allowing for maximal depth treatment.



Body Treatments

Firm, tone, cellulite reduction and relaxation, reduce water retention through lymphatic drainage

Full Body - Health Wave Therapy

A non-invasive way to improve your athletic performance, accelerate pain relief and healing. Combining carefully distributed low energy, high frequency shock waves and vibrations, through a unique, powerful, full-body health wave therapy bed. Micro-vibrations spread evenly throughout the body in a wave-like fashion to stimulate each individual body cell. The body's reactions stimulate and trigger the cells, the fluid areas, and the intercellular space, generating an effective metabolic reaction.

 Low Energy extracorporeal shockwave therapy

 30 Minutes

Body Massage

Carefully blended organic essential oils, cold pressed vitamin rich plant oils, and our experienced therapists' incredible hands make a potent combination for our ultra-relaxing and sensual body massage.



Green Coffee Body Sculpting

Our Green Coffee Body Sculpting uses sculpting invigorating massage with Lymphatic Drainage to achieve naturally beautiful skin. This treatment uses massage techniques designed to reduce bloating and water retention by stimulating the flow of lymph circulation whilst incorporating the natural fat-burning properties of organic coffee and heat stimulating chilli oil. Skin feels firmer and bloating and water retention are significantly reduced.



Lymphatic Therapy

A clinically proven medical treatment for Lymphedema and Lipoedema. Our programmes are designed to effectively reduce water retention, cellulite, aid muscle recovery after exercise or gentle massage during pregnancy. The system performs a massage from the feet, up over the body, stimulating dermal and sub-dermal circulation. This encourages blood flow that increases nourishment to tissues and speeds the removal of excess lymph fluid, toxins and fatty acids.



Full Body - Red Light Rejuvenation Therapy

Science not magic. Experience the healing power of light with our cutting-edge light therapy device that treats your entire body. Using red and near-infrared light to stimulate by catalysing natural cellular processes and increasing blood flow. Helping to treat injuries, relax muscles, recover from exercise, fight aging, recharge, and rejuvenate the whole body.



Immune Recovery Body Ritual

Eucalyptus & Himalayan Salt inhalation followed by deep breathing to clear the respiratory system. Awaken your senses with enriching body oils of Juniper and Fennel to encourage detoxification.

Full body lymphatic drainage massage techniques and silicone cups are used to lift connective tissue and improve blood flow to relieve muscles aches, stress and boost the immune system.



Meditation Lymphatic Pod

Our meditation massage chair mimics the weightless experience astronauts encounter in space, getting the body to release all weight and relieving stress and muscle tension. The legs remain higher than the body during massage to optimise circulation and blood flow, allowing for the most relaxing massage experience.



Resculpting Thermal Body Wrap

Relax and melt away in this 90-minute sculpting thermal body treatment, incorporating targeted slimming techniques and ingredients with the use of Detox Body Oil to break down fat cells, stimulate the skin, help boost the circulation and eliminate water and cellulite. Whilst your areas of concern are under wraps your face will be rewarded with an antioxidant facial using our award-winning cleansing balm. From the first treatment your skin will feel smooth and your body slender and more defined. A course of 6 treatments is recommended with the use of our Detox Supplement Kit to treat from within.

 Lymphatic and drone technology

 90 Minutes

The Technology:

Our resculpting body serum combined with the heat from the body wrap stimulates fat burning for a firmer and tighter appearance.



Non-Surgical Neck and Bust Lifting Treatment

Dramatically reduce crepiness, firm and tighten sagging neck skin and restore elasticity with our non-invasive skin tightening treatment. Our treatment is a fantastic way to tighten the skin on your breasts for a firmer, perkier appearance, smoother skin and all-round shapelier breasts.

 Microcurrent

 75 Minutes

The Technology:

The ultimate skincare technology. Microcurrent is a low level of electricity that mirrors the body's own natural electrical impulses.

Facial Treatments

Combining organic plant actives, cosmeceuticals and vitamins with our signature massage technique, we deliver results-driven healthy treatments that pamper and rejuvenate the mind and skin.

Rose Crystal Facial

- 45 Minutes

Our luxurious signature experience re-energises and renews the skin, awakening the lymphatic system with Rose Crystals and acupressure. Skin is lifted, hydrated and toned leaving your complexion refreshed and glowing.

 Lymphatic & Rose Crystals

 45/60/90 Minutes

- 60 Minutes / 90 Minutes

Our ultimate signature experience. Deep cleansing followed by three masks to decongest and brighten the skin.

Lymphatic drainage and acupressure massage firm and reduce facial puffiness, whilst a massage of your hands, feet, arms and scalp leaves you totally relaxed, refreshed and glowing.

Immune Recovery Antioxidant Facial

Find inner peace, harmony and balance from the inside out. This facial combines deep cleansing, silicon cupping and fruit acid exfoliation to reveal a brighter, nourished and exceptionally smooth complexion. A lymphatic drainage massage and crystals to calm and balance the heart chakra to create inner joy and impart powerful anti-ageing benefits.



I've been feeling the after effects of your superb organic facial.

ROSAMUND PIKE

Skin Solutions Facial

Designed to combat specific skin conditions such as acne, eczema and psoriasis. This facial is custom blended to help restore balance. Deep cleansing, exfoliation, acupressure points and 3 customised masks leave skin looking fresh, luminous and revitalised.



Vitamin C and Papaya Enzyme Peel Facial

Deep cleansing combined with fruit acid exfoliation to target age spots, pigmentation, fine lines and uneven skin to reveal brighter, radiant and exceptionally smoother skin.



I always go to The Organic Pharmacy for my facials. Their products are all natural and feel so beautiful on my skin. Every time I lie there, I fall asleep.

LILY COLLINS

Purifying Urban Facial

Take a break from city life with our instant pick me up for dull or tired skin. Deep cleansing, exfoliating, extraction and a hydrating mask followed by a stimulating massage leave the skin looking fresh and radiant, and you feeling relaxed.



Beauty Treatments

Brow & Lash Tint

Adding colour to the lashes and brows allows both to become more prominent and impactful. It will enhance your eye colour and beautifully frame your face, enhancing your naturally beautiful features.

Brow Threading

Threading is the most accurate and precise method of brow hair removal, creating a beautiful brow shape that balances your face shape, giving you an under the brow arch lift for an instant anti-aging boost.

Waxing

Using the highest quality wax, we can give you the best experience possible, leaving the skin silky smooth. Waxing can be used for:

- Legs
- Underarms
- Bikini & Brazilian
- Face
- Back & Chest



Health

For 20 years our expert homeopaths have helped hundreds of clients feel their best. From eczema, psoriasis to depression and mental health, we are here to help bring balance naturally.

Homeopathic Consultation - Adult

Our practitioners use all their skills to identify the root cause of illness and treat at that deep level. Homeopathy, herbs, supplements and lifestyle advice work together to bring you back to health.

 60 Minutes

- Homeopathic Consultation Adult Follow up
The first follow up is usually about four weeks after the first prescription, although in some cases it may be sooner.
- Homeopathic Consultation - Child
Suitable for children under 8 years old.

Health Assessment with Quantum/EIS

In our stores, the scan looks at organ function, vitamin and mineral deficiencies, hormone balance, immune function, body oxygenation, digestive disorders and stress. All results are available immediately and a personalised programme is recommended. This is the ultimate treatment for those wishing to improve their overall health, combat stress and anxiety and feel healthier and happier.

 Quantum Biofeedback Technology

 150 Minutes

- Health Assessment Child (2 to 10 years old)
Suitable for children when accompanied by an adult.
- Health Assessment Follow up
The first follow up is usually about four weeks after the first prescription, although in some cases it may be sooner.

Food Intolerance Test

A quick route to discovering food sensitivities. Using Quantum biofeedback technology, our homeopaths test for the most common intolerances and offers treatment according to your results.

 Quantum Biofeedback Technology

 60 Minutes

Vitamin and Mineral Scan

An express way to address health issues. Using our Quantum/EIS our homeopaths identify any deficiencies in key vitamins and minerals.

 Quantum Biofeedback Technology

 20 Minutes

Our Stores



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Cancellation Policy

24 hours' notice is required in the case of cancellation or rescheduling. Without 24 hours notice, the full rate is chargeable. When booking we require a credit card number to secure the appointment. All treatments and treatment courses are non-refundable. Please be aware that the treatment times will include undressing prior to treatment and getting dressed following your treatment.

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